



Character Education Middle School

Guidance/Health/Character Education

Sunburst Visual Media 2000-02

6 22 to 26-minute programs for grades 5-9

One Year Tape and Keep Rights

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Teachers Guides Available from the distributor at

<http://www.sunburstvm.com/>

This six-part series focuses on the major problems for middle schoolers: bullying, harassment, and getting along with friends. The programs help students develop the traits of good character that enable them to stand up for themselves and build healthy, successful relationships. Young teens are encouraged to make positive choices about alcohol, their friendships and how they deal with the stress they face everyday.

1. Gossiping, Taunting, Bullying: It's All Harassment

With the encouragement of a school counselor, young teens poignantly share their own experiences coping with bullying, taunting and teasing. They view and react to dramatic vignettes that show realistic situations of harassment. A leading expert gives advice to students.

Health-5.1, 5.5, 6.1, 6.3, 6.7, 7.1, 7.5, 8.1, 8.2, 8.5, 9.1

2. Respect for Differences

Help students learn what it's like to be different from others, to see every person's intrinsic worth and dignity, and to understand how respect for others can make a critical difference in our world.

Health-5.1, 5.5, 6.1, 6.3, 6.7, 7.1, 7.5, 8.1, 8.2, 8.5, 9.1

3. How Not to Be A Victim: Violence Prevention

This program empowers middle-school students to feel confident in their ability to protect themselves in the face of violent behavior they may encounter. It shows how being assertive, developing a personal safety plan, and trusting their instincts can help them avoid victimization and stay safe.

Health-6.4, 7.1, 9.3

4. Talking About Responsibility

Follow a group of friends as they face everyday situations that challenge their understanding of what it means to be responsible. Students will use this engaging video to begin talking about how they make choices and exercise responsibility.

Health-5.1, 6.4

5. Choosing Your Friends

This program gets teens thinking and talking about why they choose the friends they do.

Health: 5.1, 5.5, 6.1, 6.3, 6.4, 7.1, 8.2

6. Stress: You Can Handle It!

Introduce young teens to practical stress-management techniques like: organizing schoolwork, coping with peer pressure, parental expectations, and the loss of a loved one.

Health-5.3, 6.5e, 6.6, 6.7, 7.1, 8.2